



TOWN OF RANDOLPH, VERMONT

Office of the Town Manager

Public Announcement

Please help to keep illness from spreading
at work, at home, and in our communities

- **Wash your hands often and well with soap and water.**
 - **If soap and water are not available, use an alcohol-based hand sanitizer.**
- **Avoid touching your eyes, nose, and mouth with unwashed hands.**
- **Cover your cough or sneeze with your sleeve or a tissue.**
- **Don't shake hands as a greeting - a simple head nod achieves the same goal.**
- **Avoid close contact with people who are sick.**
- **Stay home when you are sick.**
- **Clean and disinfect frequently touched objects and surfaces.**

The State of Vermont has established a website to share facts about COVID-19 and the Coronavirus in Vermont, and guidance for reducing exposure. The website may be found at <https://www.healthvermont.gov/response/infectious-disease/2019-novel-coronavirus>.

You are encouraged to check the site often to view updated information, obtain guidance, and review many frequently asked questions. The guidance includes helpful information on how to help keep respiratory illnesses like COVID-19 from spreading, travel information and situation updates from the Centers for Disease Control and Prevention (CDC).