

Bristol Town Administrator

From: Bristol Recreation Department <noreply@myrecdepartment.com>
Sent: Wednesday, November 29, 2023 11:07 AM
To: Bristol Town Administrator
Subject: Bristol Recreation Newsletter -- 11/29/23



P.O. Box 249, Bristol, VT. 05443 • (802)453-5885 • <http://bristolvt.myrec.com/>

Upcoming Events:

- 12/1: [Memory Tree Lighting](#), Town Green, 5:30pm**
12/1: [Chocolate Walk](#), Downtown, 5-8pm
12/1: [Friday Community Swim](#), MAUSD Pool, 7-9pm
12/8: [Candy Cane Hunt w/ SANTA](#), Town Green, 5:30pm
12/8: SD Ireland Holiday Truck, Town Green, 6pm
12/8: [Snowflake Stroll](#), Downtown, 5-8pm
12/15: [Storytime with Santa](#), Holley Hall, Noon-1pm
12/16: Lumen Celebration, Town Green, 4-7:30pm
12/17: [Trolley Rides with SANTA and Pat Palmer](#), 10am-2pm
Reservations Required, opens 12/11
12/27-12/29: Community Swim, MAUSD Pool, 8am-Noon

PROGRAMS:

Girls on the Run

Bristol Recreation has partnered up with the [Girls on the Run](#) program for this spring. The program needs coaches:

Being a coach is always fun and being a mentor can change their lives. As a Heart & Sole coach, you will be both! Volunteer to be a Heart & Sole coach at Bristol Rec's GOTR this spring. Our team needs coaches to empower girls of all abilities in our community. A Heart & Sole coach offers an inclusive place of belonging, where 7th-8th grade girls feel supported and inspired to tap into their whole selves - body, brain, heart, spirit and social well-being. Each lesson provides guided discussions, movement and lots of FUN!

Our 10 week season begins the week of March 18. Our team will meet twice weekly for 90 minutes per session to connect, move, learn and have a good time! Not a runner? Haven't coached before? No problem! Girls on the Run VT (GOTRVT) provides all of the tools you need to make a lasting impact. You'll receive training, easy to follow lesson plans, supplies and support from GOTRVT for a transformational season.

Visit gotrvt.org/coach to learn more or sign up to volunteer. Questions? Contact GOTRVT at stephanie@girlsontherunvermont.org or 802-871-5664.

Cheerleading

Bristol recreation is excited to offer youth cheerleading to our community. Please head to [this page](#) to find more information.

Sent to: townadmin@bristolvt.org
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