From: Bristol Recreation Department
To: Bristol Town Administrator
Subject: Bristol Recreation Blast

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P.O. Box 249, Bristol, VT. 05443 • (802)453-5885 • http://bristolvt.myrec.com/

BRD NEWSLETTER SEPTEMBER 19, 2024

POTTERY CLASSES

2024/2025 Clay Classes are open to registration! After School Pottery on Tuesdays and Thursdays Wednesday Morning Women's Pottery Wednesday and Thursday Evening Adult Pottery

DANCE CLASS

<u>Creative Movement for Children 4 1/2 - 6 years old FULL</u>

Children will develop body and spatial awareness, balance, coordination, and flexibility through movement and dance. Their imagination and creativity will be stimulated through music, rhythms, images and stories.

Children need to be able to take the class independently. This class has a limit of 7 students.

Monday 3:30 - 4:15

Jazz/Ballet for ages 10* - 12

*Exceptions to the age requirement may be granted with permission from the instructor.

Students will develop strength, balance, flexibility, musicality and coordination through ballet and jazz technique, learn dance combinations, and have fun creating their own movements. Prior dance training helpful.

Monday 4:30 - 5:30

Adult/Teen Beginner Ballet (4 or 8 weeks)

Strengthen your core, improve your posture, balance and flexibility all whilst dancing to beautiful classical music.

Prior dance training helpful.

Monday 5:40 - 7:00

Classes run from September 23rd - November 18th (8 weeks) No class November 4th

UPDATE NEW START DATE SEPTEMBER 27th

Advanced Beginner Dance, 8* - 10 years old

*Exceptions to the age requirement may be granted with permission from the instructor.

Students will continue to develop strength, balance, flexibility, musicality and coordination through ballet and jazz technique, learn dance combinations, and have fun creating their own movements. One or more years of dance training is recommended. We will have an informal studio presentation at the end of the session.

Fridays 4:15 - 5:30

Adult/Teen Modern/Contemporary Dance (4 or 8 weeks)

Let go of tension, increase your flexibility and balance, and dance! Previous dance/movement experience is helpful.

Friday 5:40 - 7:00

Classes run from September 27 - November 15 (8 weeks)

K.I.C.K.S

TaeKwonDo Fall Classes start Friday, September 20. Registration closes at Thursday 9:00PM

Master Kellie Thomas of TaeKwonDo KICKS is coming to Bristol this Fall. Martial Arts is a great activity to increase flexibility, strength, coordination and balance but also is designed to enhance discipline, respect, focus and self confidence in a fun and engaging way. Friday 3:00-3:50, Sept 20-Nov 22

VOLLEYBALL CLINIC

Interested in playing volleyball?

Are you looking for a place to learn or grow your skills?

The Mt. Abe Volleyball Team has joined with Bristol Rec to offer a Skill Building Workshop to middle schoolers grades 5-8. Come learn, play, and have fun!

When: Saturday, 9/21/2024 Time: 9 AM to 10:30 AM Who: **5-8th graders, co-ed**

Where: Bristol Elementary School Gym

Cost: \$10 donation, proceeds go to the Mt Abe Volleyball Team

BYS SOCCER and FIELD HOCKEY registration is closed.

EVENTS THIS MONTH:

Celebrate National Dance Day THIS SATURDAY!

Sponsored by 5-Town Friends of the Arts & Bristol
Recreation Department

Join your neighbors for a fun evening...and it's FREE!

September 21 at Holley Hall

6:00-7:00pm Kids & Family Dancing (young at heart welcome)

- -dance games for kids & the lighthearted
- -learn a line dance for your next party

7:00-9:00pm Bop till you Drop

-boogie to a great & diverse sound track

Come alone, bring a friend, come as a family...come as you are!

BRISTOL HARVEST FESTIVAL, Saturday September 28 10:00am-3:00pm. Town Green

Join us for the 25th annual Bristol Harvest Festival, co-hosted by the Addison County Chamber and the Bristol Recreation Department. The town green will come alive at 10am with 70+ crafters, food and live musical entertainment on the bandstand throughout the day. Continue down Main Street for merchant sales and support our local businesses.

OCTOBER EVENTS:

WORLD SINGING DAY, Sunday, October 20 SKATE JAM, Saturday, October 26 2-6pm

Gymnastics Session 2 registration is coming soon!

Sent to: townadmin@bristolvt.org

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