From: Bristol Recreation Department
To: Bristol Town Administrator
Subject: Bristol Recreation Blast

Date: Tuesday, September 10, 2024 3:12:53 PM



P.O. Box 249, Bristol, VT. 05443 • (802)453-5885 • http://bristolvt.myrec.com/

### BRD NEWSLETTER SEPTEMBER 10, 2024

\*The Rec office is closed this week from Tuesday, September 10-Friday September 13th. If you need to drop a payment off for programming, the Town Clerk's Office is open Monday-Thursday 8-4:30.

### **POTTERY CLASSES**

2024/2025 Clay Classes are open to registration! After School Pottery on Tuesdays and Thursdays Wednesday Morning Women's Pottery Wednesday and Thursday Evening Adult Pottery

### **DANCE CLASS**

## Creative Movement for Children 4 1/2 - 6 years old

Children will develop body and spatial awareness, balance, coordination, and flexibility through movement and dance. Their imagination and creativity will be stimulated through music, rhythms, images and stories.

Children need to be able to take the class independently. This class has a limit of 7 students.

Monday 3:30 - 4:15 FULL, WAITLIST

## Jazz/Ballet for ages 10 - 13

Students will develop strength, balance, flexibility, musicality and coordination through ballet and jazz technique, learn dance combinations, and have fun creating their own movements. Prior dance training helpful.

Monday 4:30 - 5:30

# Adult/Teen Beginner Ballet

Strengthen your core, improve your posture, balance and flexibility all whilst dancing to beautiful classical music.

Prior dance training helpful.

Monday 5:40 - 7:00

Classes run from September 23rd - November 18th (8 weeks)
No class November 4th

# Advanced Beginner Dance, 8\* - 10 years old

\*Exceptions to the age requirement may be granted with permission from the instructor.

Students will continue to develop strength, balance, flexibility, musicality and coordination through ballet and jazz technique, learn dance combinations, and have fun creating their own movements. One or more years of dance training is recommended. We will have an informal studio presentation at the end of the session.

Fridays 4:15 - 5:30

## Adult/Teen Modern/Contemporary Dance

Let go of tension, increase your flexibility and balance, and dance! Previous dance/movement experience is helpful.

Friday 5:40 - 7:00

Classes run from September 20 - November 8 (8 weeks)

### K.I.C.K.S

TaeKwonDo Fall Classes. Fridays starting Sept 20th Master Kellie Thomas of TaeKwonDo KICKS is coming to Bristol this Fall. Martial Arts is a great activity to increase flexibility, strength, coordination and balance but also is designed to enhance discipline, respect, focus and self confidence in a fun and engaging way.

#### **VOLLEYBALL CLINIC**

Interested in playing volleyball?

Are you looking for a place to learn or grow your skills?

The Mt. Abe Volleyball Team has joined with Bristol Rec to offer a Skill Building Workshop to middle schoolers grades 5-8. Come learn, play, and have fun!

When: Saturday, 9/21/2024 Time: 9 AM to 10:30 AM Who: **5-8th graders, co-ed** 

Where: Bristol Elementary School Gym

Cost: \$10 donation, proceeds go to the Mt Abe Volleyball Team

BYS SOCCER and FIELD HOCKEY registration is closed.

#### **EVENTS THIS MONTH:**

EQUINE HERITAGE HERD HORSE SHOW, Juna Perlee's Horse Ring, Saturday September 14<sup>th</sup>

Celebrate National Dance

Day Sponsored by

5-Town Friends of the Arts & Bristol Recreation Department Join your neighbors for a fun evening...and it's FREE!

## **September 21 at Holley Hall**

6:00-7:00pm Kids & Family Dancing (young at heart welcome)

- -dance games for kids & the lighthearted
- -learn a line dance for your next party

7:00-9:00pm Bop till you Drop

-boogie to a great & diverse sound track

Come alone, bring a friend, come as a family...come as you are!

BRISTOL HARVEST FESTIVAL, Saturday September 28 10:00am-3:00pm. Town Green

Join us for the 25th annual Bristol Harvest Festival, co-hosted by the Addison County Chamber and the Bristol Recreation Department. The town green will come alive at 10am with 70+ crafters, food and live musical entertainment on the bandstand throughout the day. Continue down Main Street for merchant sales and support our local businesses.

OCTOBER EVENTS: WORLD SINGING DAY, Sunday, October 20 SKATE JAM, Saturday, October 26, 2-6

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