312 Rockydale Rd, Bristol VT, 05443. 802-782-2426. erepstad@gmail.com

# O Profile

Helping people achieve their goals is my life mission.

# O Education

**University of New Hampshire** 

Masters in Social work. Completed 2019

**University of Vermont** 

Masters in Education Leadership. Completed 2008

**Johnson State College** 

Bachelors in Fine Arts/English. Completed 1999

# O Skills

- EMDR
- Dialectical Behavior Therapy
- Trained in Collaborative Assessment and Management of Suicidality (CAMS)
- Motivational Interviewing
- Mental health assessment, diagnosis and intervention
- Experience working with individuals and groups
- Knowledge of Medicare, Medicaid, 3 Squares, Social Security, and other support services
- Coordination with housing, health care, mental health and disability agencies
- Data management systems & student/client management systems
- Leadership and workforce management
- Budgetary development and management
- Supervision and Evaluation
- Proficient with CCSS, NGSS, C3 standards, as well as the Vermont Framework of Standards
- Reading assessment and intervention
- Middle and High school teaching experience
- Differentiation and Multi-Tiered Systems of Support
- Extensive knowledge of IEP and 504 law

# O Work Experience

#### January 2022-present

# **Magnolia Counseling Solutions**

Private Practice

Provide EMDR and DBT informed individual therapy to adolescents and adults.

# December 2021- April 2023

#### **Bayada**

Medical Social Worker

Assess homebound clients for unmet needs and provide referrals and community supports.

# August 2019- December 2021

# Crossroads, NFI

Clinician

• Provide DBT therapy to groups, individuals and families.

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### Jan 2017- October 2019

# John Graham Housing & Services

Clinical Service Coordinator

- Clinical support services for residents of the shelter
- Case management for residents of the shelter

#### 2017-2019

### **Age Well**

### **Care and Service Coordinator**

Case management of clients 60+ or disabled

#### 2012-2017

# Mt. Abraham Union Middle/High School

#### **Assistant Principal**

- Data management systems & student management systems
- Leadership and workforce management
- Budgetary development and management
- Supervision and Evaluation
- Action Planning

# 2005-2010

# Mt. Abraham Union Middle/High School

# **504 Case Manager**

- Case management services for students with disabilities
- Coordination of assessments and plan reviews
- Collaboration with teachers, service providers and parents

# 2003-2012

### Mt. Abraham Union Middle/High School

# **Reading Specialist**

- Reading assessment and intervention
- Taught High School English classes
- Served as Teacher Leader of School Counseling Department
- Coordinated the Educational Support Team

# 1999-2003

# **Enosburg Falls High School**

#### **English Teacher**

Taught grades 9-12

# **O** References