Ellen J. Repstad

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Profile

Helping people achieve their goals is my life mission.

Education

University of New Hampshire
Masters in Social work. Completed 2019
University of Vermont
Masters in Education Leadership. Completed 2008
Johnson State College
Bachelors in Fine Arts/English. Completed 1999

Skills

- EMDR
- Dialectical Behavior Therapy
- Trained in Collaborative Assessment and Management of Suicidality (CAMS)
- Motivational Interviewing
- Mental health assessment, diagnosis and intervention
- Experience working with individuals and groups
- Knowledge of Medicare, Medicaid, 3 Squares, Social Security, and other support services
- Coordination with housing, health care, mental health and disability agencies
- Data management systems & student/client management systems
- Leadership and workforce management
- Budgetary development and management
- Supervision and Evaluation
- Proficient with CCSS, NGSS, C3 standards, as well as the Vermont Framework of Standards
- Reading assessment and intervention
- Middle and High school teaching experience
- Differentiation and Multi-Tiered Systems of Support
- Extensive knowledge of IEP and 504 law

Work Experience

January 2022-present

Magnolia Counseling Solutions

Private Practice

- Provide EMDR and DBT informed individual therapy to adolescents and adults.

December 2021- April 2023

Bayada

Medical Social Worker

- Assess homebound clients for unmet needs and provide referrals and community supports.

August 2019- December 2021

Crossroads, NFI

Clinician

- Provide DBT therapy to groups, individuals and families.

Ellen J. Repstad

Jan 2017- October 2019

John Graham Housing & Services

Clinical Service Coordinator

- Clinical support services for residents of the shelter
- Case management for residents of the shelter

2017-2019

Age Well

Care and Service Coordinator

- Case management of clients 60+ or disabled

2012-2017

Mt. Abraham Union Middle/High School

Assistant Principal

- Data management systems & student management systems
- Leadership and workforce management
- Budgetary development and management
- Supervision and Evaluation
- Action Planning

2005-2010

Mt. Abraham Union Middle/High School

504 Case Manager

- Case management services for students with disabilities
- Coordination of assessments and plan reviews
- Collaboration with teachers, service providers and parents

2003-2012

Mt. Abraham Union Middle/High School

Reading Specialist

- Reading assessment and intervention
- Taught High School English classes
- Served as Teacher Leader of School Counseling Department
- Coordinated the Educational Support Team

1999-2003

Enosburg Falls High School

English Teacher

- Taught grades 9-12

References

Available upon request